# Adapting to after-covid times

#### BMS Input Session 26.10.2022 – Summary

22 people present

- 1. "I am struggling to balance my studies and personal life now that we are on campus for a whole day"
  - Lectures are mostly centered in the morning or afternoon instead of spread over the whole day
  - Adapting to on-campus takes time and balance is sometimes still hard.
  - Eating habits are affected by being on campus for too long and thus health and studies indirectly.
  - A positive thing is that you have a lot more contact and opportunities to meet new people and friends, this makes personal life and work balance tougher though.
  - Studying on campus can help with structuring the day

# 2. Follow-up question: "Do you find enough space here to study?"

• Working in groups is a little tougher sometimes as a lot of the rooms are usually taken, so it is harder to find a room suited for the group work necessary.

## 3. "I feel more connected to my fellow students now than during online lectures"

- It is way easier to get together with people and your group after lectures now than it would be online. Also introduces more chances to talk with your group.
- Students feel more connected to the university as a whole.
- Motivation levels are higher when studying on campus, which allows for easier feedback and improvement of studies.
- Pre-recorded lectures were definitely useful, especially for studying for exams. These lectures could also be sped up, saving time in the end. They were harder to keep in a structured week. Watching of these lectures was sometimes postponed by group members leading to frustration within the groups.
- Perhaps it's worth to look at making recordings being made available a week or two before an exam to help with studying but discourage skipping lectures.

## 4. "I'm less comfortable speaking up in class than I was in an online setting"

- Overall it is nicer to ask questions in class due to no technical limitations or hurdles, also for teachers.
- 5. "I feel confident that I will achieve my credit requirements for this year"
- There are now very high expectations and a lot coming at you all the time, whereas online you could pause or watch things back later.

- Some people feel like they miss information because they had their education fully online.
- Generally, students would be in favor of lectures being recorded and uploaded close to the exams to help with studying, as lectures might be partially forgotten by then Hybrid preferred
- Workshop on note taking should be taken into consideration to help students with taking notes effectively.
- Mandatory lectures are not preferred since it would make students feel more stressed and it should be up to them (own responsibility). It is especially hard for students that are active besides their studies with work or associations.

## 6. Other input: "Refollowing lectures from your past modules"

- It would be nice to be able to retake exams you had during Covid times or to generally re-experience the modules that you had to take online.
  - Allows students to build up a better basis for the follow-up courses if they feel like they missed out.
- But: Materials are accessible through contacts with first or second years, and lectures are generally public

#### 7. Other input 2: "Evening Lectures"

• Not desirable, especially for a normal work-life balance as a student, as students feel like they are most productive during the day and want to relax in the evening (sports, meet with friends, other activities).